



## Psalm 119:57-64 “My Portion”

### Intro:

As believers, we can easily fall into envying the lives of unbelievers—their success, comfort, possessions, and the seeming ease with which they move through life. But when we do that, we forget something essential: **they may have many things, but they do not have the best portion.** We do. We have God Himself. In this section of Psalm 119, the psalmist seems to be returning to that realization. After chasing the things of the world, after seeking his “portion” in things that cannot satisfy, he comes back to the truth that **God is his portion—the best treasure, the best piece.** This week, we will walk through this passage by asking **seven reflective questions.** These questions are meant to help us examine our hearts and realign our desires towards God, realizing that a life with Him is the best portion.

### V.57

“**Lord, you are mine!** I promise to obey your words!”

#### 1. Who or What is My Portion In This World?

The Hebrew word for “mine” here is **heleq**—literally, *my portion*. The psalmist seems to be recognizing again that **God is his portion.** Something caused him to forget this—perhaps desires, distractions, or sin—and now he returns, confessing and realigning his heart. This begs the question for us: What do I treat as my portion in this world? What am I looking to for security? identity? joy? Do I truly believe that God is better than anything I could gain in this life?

- “**Lord, you are my portion** and *my cup of blessing*; **you hold my future.** *The boundary lines have fallen for me in pleasant places*; indeed, **I have a beautiful inheritance.**” Psalms 16:5-6 CSB (more passages to consider Numbers 18:20)

### V.58

“**With all my heart I want your blessings.** Be merciful as you promised.”

#### 2. Whose Favor Am I Truly Seeking?

The word for “blessing” here can be better translated *favor*. Which can help us better understand that what the Psalmist is saying is not that he wants material things, on the contrary what he is saying is that he is not seeking the blessings or approval of the world but the “well done good and faithful servant” from God. This is a heart check for us. We all want approval from someone, but whose approval is steering our decisions? Ask yourself: Whose “well done” matters most to me? Am I more concerned with people’s opinions or God’s? What do I want with all my heart? God’s approval or the approval of others? (Read: John 12:42-43)

### V.59-69

“**I pondered the direction of my life,** and *I turned to follow your laws.* I will **hurry, without delay,** to obey your commands.”

#### 3. In What Direction Is My life Headed Today?

Here it seems like the psalmist hits pause. He takes a step back and honestly evaluates where his choices have been taking him... and he realizes it isn’t good. So he turns—*quickly*—back to God’s Word. Like the Psalmist we must frequently take moments of pause in our lives where stop to honestly evaluate in which direction our life is headed and realign ourselves to God’s path if needed. Important questions to ask ourselves are: If my current habits and decisions continue, where will I be in six months? 2 years? 5-10 years? Am I letting feelings set the direction of my life or God’s Word?

- “Guard your heart above all else, for it determines the course of your life.” Proverbs 4:23 NLT

### V.61

“Evil people try to drag me into sin, **but I am firmly anchored to your instructions.**”

#### 4. What Is The Anchor of My Life?

The psalmist isn’t living in denial—he feels the pull of temptation, pressure, and ungodly influence. Yet he doesn’t get swept away because **the Word is his anchor.** A boat without an anchor drifts **inevitably.** Many Christians aren’t anchored to anything steady. They go wherever their emotions take them, wherever circumstances push

them, wherever opinions guide them. But when God’s Word is your anchor, you may shake... but you won’t be swept away with the current. We must ask ourselves: Does my life have an anchor or am I just “going with the flow”? (Read: Mathew 7:24-27)

**V.62**

“I rise at midnight **to thank you for your just regulations.**”

**5. Am I Making Gratitude Towards God A Daily Practice?**

The psalmist waking up at midnight to thank God shows that gratitude wasn’t something he waited to *feel* — **it was something he intentionally chose to practice.** And this is where many of us struggle. We get so caught up in looking at what we don’t have or comparing ourselves to others that we forget to slow down and remember everything God has already done for us, losing sight of the mercy that saved us. So the question becomes: **Is gratitude towards God a daily practice?** Do I pause and thank God for His forgiveness, for His presence, for His Word, for His patience with me?

- “**Rejoice always, pray constantly, give thanks in everything; for this is God’s will for you in Christ Jesus.**” 1 Thessalonians 5:16-18 CSB

**V. 63**

“I am a friend to anyone who fears you— anyone **who obeys your commandments.**”

**6. Are Your Friends God Fearing People?**

When the psalmist says, “I am a friend to anyone who fears You,” he isn’t saying he avoids unbelievers, or treats them unkindly — he’s saying he chooses his *closest* relationships wisely. The people who walk with you the closest will inevitably shape you a lot more than you realize. As Christians we are called to be kind and respectful to all, seeking every opportunity to preach the Gospel to others gracefully. Yet friendships are something we should have with others who fear God and obey God, because the truth is, friendships disciple us — whether we realize it or not. So the question becomes: **Who is helping shape the person I’m becoming?** Are the people near my heart people who fear God, who obey Him, who encourage me toward holiness?

- “The one who walks with the wise will become wise, but a companion of fools **will suffer harm.** Proverbs 13:20 CSB (More passages to consider: 1 Corinthians 15:33, Proverbs 27:17)

**V.64**

“O Lord, your unfailing love fills the earth; **teach me your decrees.**”

**7. Have I Lost Sight of All The ways God’s Unfailing Love Fills My Life?**

The psalmist ends this section with a beautiful reminder: “*Your unfailing love fills the earth.*” In other words, God’s love isn’t hidden — it’s everywhere. But sometimes our hearts get so weighed down by sinful desires, trials, comparison, disappointments, or unanswered prayers that we stop noticing it. We stop seeing the everyday mercies and the grace woven into every corner of our lives. It’s never that God’s love has faded — it’s always that **our awareness has.** And so the psalmist asks God to teach him again. To reopen his eyes to help him see God’s love not just in the big moments, or when he gives us what we wants, but in the every moment — the ones we rush past without thinking. This leads us to ask ourselves: Have I allowed my circumstances to blind me to God’s goodness? Have I forgotten to look for His mercies in my daily life? (Read: Lamentations 3:22-24)

**Conclusion and Main Idea:**

Read: Psalm 73. There is no better portion than to be made a child of God. The things of this world are temporary and always fade, but those who have God as their portion are secure in Him for eternity.

