



Psalm 119:105-112 “My Guide”

Intro:

As we saw last week, it is through meditating on Scripture that God renews our minds and teaches us to discern His will for our lives (Rom. 12:1–2). This week, we continue building on that truth by seeing how the Word of God is the **only guide capable and sufficient to lead us through life and into fruitfulness in Christ**. In this passage, the psalmist shows us **three things the Word of God guides us through** and **three things it guides us to**.

V.105-106

“**Your word** is a **lamp for my feet** and a **light on my path**. *I have solemnly sworn to keep your righteous judgments.*”

“**Lamp For My Feet**”: The Word of God illuminates our feet. It shows us what we are stepping on and what lies just beneath the surface. It exposes whether the ground before us is stable and safe, or dangerous and deceptive. Left to ourselves, we do not have the ability to tell the difference between safe ground and unstable ground. That is why the psalmist describes God’s Word as a lamp for his feet—it shows him clearly where he is stepping.

“**Light On My Path**”: At first glance this could seem like the same thing but it is not. God’s Word not only illuminates and shows me where to step but it also show me the direction I should follow. It’s a light that not only gives me clarity but also guides me towards the right direction.

- “And we have as more sure **the prophetic word**, *to which you do well to pay attention as to a lamp shining in a dark place*, until the day dawns and the morning star arises in your hearts.” 2 Peter 1:19

V.107-110

“*I am severely afflicted; Lord, give me life according to your word*. Lord, please accept my freewill offerings of praise, and **teach me your judgments**. *My life is constantly in danger, yet I do not forget your instruction. The wicked have set a trap for me, but I have not wandered from your precepts.*”

Guides Me Through (Lamp For my feet):

1. **Suffering** (v.107)

Once again we see the psalmist voice his suffering. Yet once again we see him turn to the Word of God to revive his heart and guide him through his suffering. As believers we too will walk through seasons of suffering, and it is especially easy in those season to see unclearly and misstep. Pain clouds our judgment and tempts us to respond emotionally rather than biblically. That’s why it is crucial to hold on to the Word of God and let it guide you through your pain and suffering. Letting it point you to Jesus who understands your pain and suffering well. (Consider: 2 Corinthians 4:16-18).

2. **Making Decisions** (v.108)

Here the psalmist openly confesses his need to be taught. Though we are born again, we still live in fallen bodies with deceitful hearts. Left to our own, our judgment is completely broken. Without God’s Word, our moral compass is unreliable. That is why the Word of God tells us that the fear of the Lord is the beginning of wisdom (Prov. 9:10). To fear the Lord, as Paul Washer would define it, it is to totally completely distrust yourself and completely trust God. True wisdom begins when we recognize our need to be taught and led by God through His Word. (Passages to consider: Proverbs 3:5–7, Proverbs 14:12, Jeremiah 17:9, James 1:5, Psalm 25:4–5).

3. **Danger and Traps** (v.109-110)

The Word of God also guides us through the dangers of sin and protects us from the traps of the enemy. Without God’s Word, we cannot properly recognize the danger of sin lurking around our feet, or the subtle traps of the enemy set before us. But through Scripture, our eyes are trained to see and recognize these dangers and traps and to stay far away from them. God’s Word exposes the lies before we step into them.

- “**Be sober-minded, be alert**. *Your adversary the devil is prowling around like a roaring lion, looking for anyone he can devour. Resist him, firm in the faith*, knowing that the same kind of sufferings are being experienced by your fellow believers throughout the world.” 1 Peter 5:8-9 CSB

V.111-112

"I have your decrees as a heritage forever; indeed, they are the joy of my heart. I am resolved to obey your statutes to the very end.,"

Guides Me To (Light on my path):

1. **Value My Heritage** (v.111)

The Word of God is my inheritance. Yet many times, we as believers fail to truly value this incredible gift. As children of God, He has meticulously prepared for us a perfect love letter as our inheritance—written and faithfully preserved for us throughout the history of mankind. It was given to encourage us, instruct us, guide us, purify us, and give us hope as we wait for our loving Father to return for us and bring us home. Do not take for granted this precious gift that God prepared for you through the ages—a gift that tells the story of our faithful and loving Savior, Jesus Christ, displaying His compassion and grace generation after generation. Do not take lightly the fact that this love letter to you cost many of your brothers and sisters their freedom, their comfort, and even their lives to preserve, protect, and translate so that you could hold it in your hands today. There is no greater treasure on earth. And as we spend time reading it and treasuring it, the Word of God guides us to recognize just how precious it truly is—and teaches us to value it as we should. (Consider: Psalm 19:9-11)

2. **Joy**

We often spend our lives searching for joy, not realizing that true joy is found only when the heart begins to hear and recognize the voice of its Creator. Joy flows from a loving, intimate relationship with God, cultivated through His Word. As we walk daily with our Father through Scripture, we are guided into the fullness of joy as we come to know more and more of His great love, compassion, grace, righteousness, faithfulness, and holiness—most vividly displayed through His saving work for us on the cross. (Consider: John 15:9-11).

3. **To Faithfulness**

Every believer longs for the day Christ returns and brings us home. But we also long to arrive there faithfully—to hear the words, *"Well done, good and faithful servant."* Though only God is perfect, it is the desire of every true believer to finish well, and it is possible in Christ. Yet, only God's Word can guide us to a life of faithfulness, empowered by the Spirit and sustained by the grace and atoning work of Jesus Christ. (Considers: Psalm 37:30-31)

Main Idea:

God's Word is the only sure guide through the suffering, decisions, and dangers of life. It not only shows us where to step, but leads us toward valuing our inheritance Christ, joy, and lasting faithfulness. To walk faithfully and finish well, we must learn to live by the light of God's Word.

Memory Verse:

"Your word is a lamp for my feet and a light on my path." Psalms 119:105 CSB

Reflection Questions:

1. How Has pain, pressure or suffering tempted me to step without God's Word?
2. What decisions in my life right now most reveal whether I am being guided by God's Word or by my own judgment?
3. When have I recently ignored, delayed, or softened what God's Word clearly says- and what did that cost me?
4. What does my daily relationship with the Word reveal about how much I truly value it as inheritance?

